

RICE LAKE AREA SCHOOL DISTRICT

Health Services

Dear Parent/Guardian:

Welcome back! I hope this letter finds your family enjoying a happy, healthy summer break! Here are some health-related updates and reminders for Rice Lake Area School District elementary students for the 2023-2024 school year:

- **Annual Online Registration Process** – while completing this process for your student be sure to complete the step called “Health Info Review Update”. We rely on this information to stay current with your student’s health and emergency contact information. Please notify the school as soon as possible if there are changes to this information during the school year.
- **Chronic Health Conditions (asthma, allergies, epilepsy, diabetes, etc.):**
 - If your student has had a school health plan in the past, you should have already received a packet of information requesting updates. If you have not received your paperwork for updates please contact the school – we will get these forms to you.
 - If you have received your paperwork, please complete it, have your doctor sign it and return it as soon as possible so staff can be trained and ready to care for your student on the first day.
 - If your student has developed a new health concern over the summer, please call so we can create a plan of care for the school year.
- **Medication**
 - If your student will require medication during the school day (either regularly scheduled or as needed) please complete the “Authorization to Administer Medication Form”. If your student will not be taking medication at school, there is no need to complete the form.
 - All orders for prescription medication must be signed by a health care provider AND parent – **no exceptions**. Please have forms signed before bringing them to school.
 - Parents must provide and deliver all medication to the school. Medication must be in the original prescription or manufacturer’s bottle and include the student’s name, medication name, dose, time and route of administration.
- **Screening** – Students are screened for vision and hearing problems in Pre-K, Kindergarten, 1st and 3rd grades. If you would like your 2nd or 4th grade student screened, please contact the school nurse. Remember that school screenings are designed to identify children with vision or hearing concerns that have gone undetected by family and friends. If you have concerns regarding your child’s hearing or vision, please consult with a physician for a complete exam.
- **Illness** – School is a place for healthy kids! Please continue to assess your child(ren) for signs of illness every day before sending them to school. If your student is too ill to come to school, call the school attendance line to leave a message including a list of symptoms and to excuse them as ill. If your student sees a doctor and is diagnosed with an illness such as COVID 19, strep throat, chicken pox, mono, etc., be sure to provide us with the diagnosis and get a note from the doctor excusing them from school and indicating when your child may return – this helps track “what’s going around” and decreases student concerns with truancy. This is to ensure the health and

safety of all students and staff - your cooperation is crucial to the success of minimizing the transmission of any diseases/illness.

- **Injuries and restrictions to activity** – if your child is unable to physically participate in any school activity (due to an injury, planned surgery, illness, etc.) a signed, written note from a health care provider is required. A list of restrictions with the start and end date is also required. Without a medical note, all students are expected to participate in all school activities to the best of their ability.
- **Immunizations** – please review your student’s immunization record to assure they have had the necessary vaccinations prior to the start of the school year. School requirements for the 2023-2024 school year:

Age/Grade	Number of Doses					
Pre K (2 yrs through 4 yrs)	4 DTP/DTaP/DT		3 Polio	3 Hep B	1 MMR	1 Var
Grades K through 5	4 DTP/DTaP/DT/Td		4 Polio	3 Hep B	2 MMR	2 Var
Grades 6 through 12	4 DTP/DTaP/DT/Td	1 Tdap	4 Polio	3 Hep B	2 MMR	2 Var

- **Flu Clinic** – We are working with Barron County Public Health to schedule student flu clinics again this year. More information on dates and how to register will come as it is available.
- **Dental Clinic** – The Superior Smiles Dental Program from North Lakes Dental Clinic will be offering free dental clinics again this year for students in need. Follow the steps in our annual online registration process to register! If you would like your child to participate in this program, click this link to register: <https://sealasmile.wisconsin.gov/Consent>

We are looking forward to working with your children! Their health and safety are a priority. Please call with your questions or concerns!

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